My Plan B

For the next big thing: a test, a trip, a presentation, a tryout, a party. Murphy is coming. Let's be ready.

The big thing: _____ **When:** _____

Step 1: Fast-forward (the Pre-Mortem, Ch 23)

Imagine it's the day after, and it went badly. Really badly. What happened?
Write the first three reasons that pop into your head. No wrong answers.

What could go wrong	How likely? (low / medium / high)	My Plan B
1.		
2.		
3.		

Step 2: Time check (Hofstadter's Law, Ch 3)

How long do I *think* getting ready will take? _____ hours
Multiply by 1.5: _____ hours. **That's** the real number.
Last time I did something like this, it actually took: _____ *(the outside view, Ch 4)*

So I'll start on: _____ *(not the night before!)*

Step 3: My backup kit

☐ Saved in two places *(cloud + USB, or email it to myself)*
☐ Leaving 10 minutes early
☐ Spare: _____ *(pencil, charger, water, cables…)*
☐ My backup person (who can I call if it all goes sideways?): _____

Step 4: My comeback line

If Murphy shows up anyway, I'll take a breath and say:
"_____"

(Ideas: "Classic Murphy. Give me one second." · "Well, that's my blooper reel sorted.")

Step 5: Afterwards: my 2-minute Post-Mortem (Ch 15)

No blame. Just notes for next time.

What went well? _____
What went wrong? _____
Did my Plan B work? _____
Next time, I'll: _____

You can't stop stuff from going wrong. But you can be the person who isn't surprised. murphy34.com